








## SOMERSET TRUST FOR ARTS AND RECREATION EVALUATION FORM

Name of young person					
	Not at all	Not Much	Don't Know	Yes	Yes a lot
					
<b>QUESTION</b>					
I find it easy to make new friends					
I find it easy to talk to people					
I like who I am					
I think I am a good person					
People like to be around me					
I am good at new things					
I am looking forward to what the future holds for me					
I am well behaved					
I respect other people					
I like grown ups					
I am happy to try something new					
I like how my life is					
I am happy					
I like how I look					
I eat healthily					
I get plenty of exercise outdoors					
I take part in activities within my local community					
I like to help other people					
My life is the same every day					
I have lots to look forward too each week					

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### Qualitative Questions

What are you really good at?

What is the best thing about you as a person?

What do you most look forward to each week?

### Pre Activity

Why did you want to take part in this activity?

### Post Activity

How has the activity affected your life?

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